

MARY HELP OF CHRISTIANS ACADEMY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
First Sunday of Lent	☐ Pasta & Meatballs with Garlic Bread	☐ Chicken Noodle Soup with Grilled Cheese Sandwich	☐ Chicken Patty on a Roll with French Fries	☐ Hamburger or Cheeseburger with French Fries	□ Pizza	DON'T FORGET TO FULFILL YOUR
PRAYER	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches	SUNDAY OBLIGATION TO THE LORD.
8	9	10	11	12	13	14
First Sunday of Lent	☐ Mac & Cheese with Warm Bread & Butter	☐ Taco Tuesday (with Refried Beans)	☐ French Toast & Scrambled Eggs	☐ Hamburger or Cheeseburger with French Fries	□ Pizza	SPEND SOME QUIET TIME TO BE ALONE
ALMSGIVING	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	□ Salad Bowl □ Sandwiches □ Pizza	☐ Salad Bowl ☐ Sandwiches	WITH THE LORD.
15	16	17	18	19	20	21
First Sunday of Lent	SCHOOL CLOSED PROFESSIONAL	☐ Grilled Chicken Over Alfredo Pasta	☐ Sloppy Joe Sandwich with Chips	☐ Hamburger or Cheeseburger with Fries	□ Pizza	FIND AN OPPORTUNITY TO DO
FASTING	DEVELOPMENT DAY	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	□ Salad Bowl □ Sandwiches	SOMETHING NICE FOR SOMEONE.
22	23	24	25	26	27	28
First Sunday of Lent	☐ Sub Sandwich with Chips	□ Taco Tuesday	☐ Chicken Breast with Potatoes	☐ Hamburger or Cheeseburger with Fries	□ Pizza	ASK THE LORD TO HELP YOU TO
RECONCILIATION	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches	FORGIVE OTHERS AS HE FORGIVES YOU.
29	30	31				
First Sunday of Lent	☐ Chicken Parm with Rice	☐ Hot Dog on a Roll with Baked Beans				
GRATITUDE	☐ Salad Bowl ☐ Sandwiches ☐ Pizza	☐ Salad Bowl ☐ Sandwiches ☐ Pizza				

MHC Academy Lunch Program

Lunch is to be ordered monthly by completing this calendar form. Check off the boxes that

correspond to the lunch on the days you would like to have school lunch. Each lunch is \$5.00 and								
includes fruit or cookie and a bottled water. Return this form with payment in the form of cash,								
check or credit/debit	(3% additional fee).							
Daily optional items:								
	Salad Bar \$5 Sandwiches\$5 Pizza \$5	.00	Available every day with your choice of fruit or cookie and water					
Lunch is prepared each day based on the orders received. Although we make some extra, we cannot								
accommodate everyone who may have forgotten to order.								
For planning purposes	please submit this o	order at least two day	ys prior to your first lunch order.					
Please print:								
Student Name:								
Grade:		Γotal lunches ordered:						
Allergies if any:								
Office Use Only:								
Method of payment:	Cash \$	☐ Check #	\$					
Credit/Debit (3% fe	ee) \$ Nam	e on card:						
	Caro	I #						

Lunch card issued: